

Coaching Focus Areas

What would you like to work on?

Personal Foci	Coaching Foci	Business Foci
Financial stress/problems	Increase awareness	Revenue growth
Personal organization	Personal polish	Profit growth
Happier/more fulfilled	Creativity/innovation skills	Value added for customers
Communication skills	Legacy identification	Productivity/effectiveness
Personal evolution track	Acceptance of events	New business start-up
Relationship problems	Acceptance of others	Marketing plan
Relationship enhancement	Higher learning rate	Internet marketing
Life purpose clarification	Stronger boundaries	Team/collaboration
Salary/income increase	Higher standards	Project management
Stress reduction	Grace/style development	Product quality
Personal life plan design	Compassion/empathy	Negotiation skills
Blocks/limits removal	Reserves/security increase	Professional network
Spiritual development	Confidence/the edge	Selling skills training
Time management	Ease/effortlessness	Vision/mission
Internet/cyber skills	Integrity improvement	Internet/cyber skills
Decision making	Fear/resistance reduction	Management skills
Adrenaline reduction	Life simplification	Reputation development
Motivation/inspiration	Character development	Employee retention
Structure/support	Relating skills	New economy orientation
Finding Mr./Ms. Right	Strengths identification	New client acquisition
Problem resolution	Passion identification	Leadership skills
Balance improvement	Peace/harmony	Improve staff morale
Career change/transition	Selfishness/pleasure	Improve company culture
Career advancement	Receptiveness/flexibility	Improve intangibles
Goals identification	Self-awareness	_____
Setting priorities	Attraction approach	_____
Personal foundation	Bandwidth expansion	_____
Values clarification	Life makeover	_____
Needs identification	Personal turnaround	_____
Needs satisfaction	_____	_____
Toleration reduction	_____	_____
Postrecovery track	_____	_____
Self-care skills	_____	_____
Truth identification	_____	_____
Family communication	_____	_____